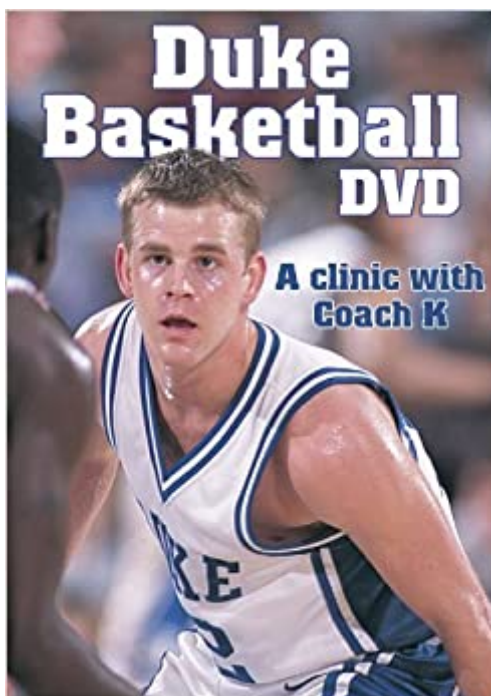


The book was found

Duke Basketball: A Clinic With Coach K [DVD]



Synopsis

Duke University men's basketball program has been the model for success in Coach Mike Krzyzewski's tenure at the helm. Under his direction, the Blue Devils have been perennial contenders for conference and national titles. Now you can harness Coach K's strategies for team defense, the transition game, and successful practices to make your team better than ever—all on one action-packed DVD. The Duke Basketball Video Series DVD offers special insight into the key components that made all of those Duke wins, championships, and awards possible. The program transports you right to Cameron Indoor Stadium to see and hear what takes place during Duke practice sessions. Each segment features Coach K and the Duke team explaining and demonstrating- key teaching and coaching points,- individual skill instruction,- team tactics and execution, and - practice drills. Action footage shows how lessons learned on the practice floor are transferred successfully to games. You will find the content captivating and directly applicable to your own improvement or to that of your players. Duke is known for its tough team defense, and five Blue Devils have been chosen as Defensive Player of the Year during Coach K's tenure. The Team Defense segment shows how you can transform five individual players into a single, basket-denying unit. From the trademark floor slap to the half-court trap, this DVD offers three complete clinics on the techniques required to fulfill individual position responsibilities and the tactical adjustments required to stop offensive attacks of all kinds. Duke's emphasis on beating their opponent in switching from defense to offense and from offense to defense has become a hallmark of their success. Very rarely do they give up an easy fast-break basket, yet they score many breakaway buckets themselves. The Transition Game segment shows that this advantage is developed on the practice court by design, drills, and desire; and it describes how you can achieve this advantage for yourself or your team. The Championship Practices segment provides a behind-the-scenes look at how Coach K and his staff plan and conduct their practice sessions to produce powerhouse teams. From overall season objectives to specific player teaching points, you'll see exactly how you can transfer the blueprint for success to players. Each element of practice is broken down into modules of instruction as Coach K teaches, corrects, reinforces, and attends to all aspects of the game in his classroom on the court. Human Kinetics DVDs are coded for universal playback and can be played in all regions of the world.

Book Information

DVD-ROM

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Customer Reviews

One of the standout coaches in NCAA basketball history, Mike Krzyzewski has guided the Blue Devils of Duke University to the highest reaches of the basketball world. Head coach at Duke since 1980, Coach K's teams have won four national championships and reached the Final Four eleven times. Playing in the nation's toughest conference, the Atlantic Coast Conference (ACC), he has produced twelve regular season championships and thirteen ACC tournament championships. He has been named ACC Coach of the Year four times and the National Coach of the Year in five different seasons. With 927 wins (and counting), Coach K is the winningest coach in NCAA Division I men's basketball history. He was inducted into the Naismith Memorial Basketball Hall of Fame in 2001. Coach K's players have earned National Player of the Year honors nine times, claimed National Defensive Player of the Year honors nine times, and been named All-American 35 times. Forty of his players have been NBA Draft selections (through 2009 NBA Draft), including 21 first round picks and 15 NBA Lottery picks. Mike Krzyzewski is also head coach of the United States men's national basketball team whom he led to a gold medal at the 2008 Summer Olympics and the 2010 FIBA World Championship. He was an assistant coach on the 1992 "Dream Team". When away from coaching, Krzyzewski enjoys playing tennis and racquetball and watching basketball games, and spending time with his family.

Great DVD, as it comes as no surprise. Coach K's decency, integrity, hard work ethic, teamwork, fairness, etc, all comes shining through. Coach K, "You are ONE in a BILLION; simply the BEST!" Highly Recommended; it's the only one you'll need. Also a must read for business, academics, sports and life: Leading with the Heart: Coach K's Successful Strategies for Basketball, Business, and Life and Beyond Basketball: Coach K's Keywords for Success. Absolutely a true and credible human being. Extraordinarily inspiring!; No better gift.

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